



好歌聽出好心情

Home-Based Preferred Music Listening Program

好歌聽出好心情 “音樂、健康與長者講座系列” 之 “大腦退化知多少”

Denise Wissmann 介紹

Denise Wissmann 是一名註冊心理治療師，現為澳大利亞維省阿耳茲海默氏病協會諮詢師，主要服務對是患有大腦退化症的家人。她還負責整理全維省的家庭照顧訊息及支持小組項目。Denise 的臨床碩士論文是以超過 100 位照顧者所給出的信息為基礎，題目為“照顧和處理：大腦退化症照顧壓力及支持”。



日期: 16/11/2013 (週六)
時間: 上午 10 點整至下午 1 點整
(提供茶點)
地點: Doncaster Room, MC Square
687 Doncaster Road, Doncaster 3108
主講: Denise Wissmann
(註冊心理治療師)
翻譯: 備有國語、粵語翻譯

尊敬的長者及照顧者：

我們誠意邀請您們來參加我們的“大腦退化知多少”講座。我們真誠希望通過講座，讓我們的服務對象及其家人更加瞭解大腦退化症，從而使家人能更好地應對長者因大腦退化症而引起的改變并提供充分的支持。講座內容包括：

- i. 應對由大腦退化症引起的行為變化和可能出現的其他癥狀；
- ii. 給家庭照顧者的建議：針對患有大腦退化症或記憶缺失的長者有效的交流方式

請在 2013 年 11 月 11 日（星期一）前告知您的服務統籌或溫姑娘您是否能參加這個座談會及携同出席的人數。如果您需要我們提供交通安排或暫托服務，請致電 8848 0288，與您的服務統籌或溫姑娘聯繫

期待您的參與！

華人社區服務中心敬約
2013 年 10 月 14 日



Consortium Partners: **UNDERSTAND ALZHEIMER'S SUPPORT AUSTRALIA**
FIGHTDEMENTIA.ORG.AU



Vannie Ip-Winfield 葉韻林
Registered Music Therapist

The Home-Based Preferred Music Listening Program project is funded by the Australian Government Department of Health and Ageing under the Encouraging Better Practice in Aged Care (EBPAC) initiative.

「好歌聽出好心情」是由澳大利亞政府健康與老年事務部的「鼓勵改善老齡化實踐計劃」資助。

CCSSCI Doncaster Office: Suite 6, Level 1, MC Square, 687 Doncaster Road, Doncaster 3108

Tel: 8848 0288 Fax: 9848 2191



好歌聽出好心情

Home-Based Preferred Music Listening Program

14th Oct, 2013

Dear Service Users & Family Caregivers,

“Home-Based Preferred Music Listening Program” Music, Health & Elderly People Series Understanding more about Dementia

Snapshots of Denise Wissmann

Denise Wissmann is a Registered Psychologist who works for Alzheimer’s Australia VIC as a counselor for family carers of people living with dementia. She also coordinates the Family Care Information and support Sessions program throughout Victoria. Denise’s clinical master’s thesis based on information from over 100 carers was called “Caring and Coping: Dementia Caring Stressors and Supports”.

You are cordially invited to attend the Home-Based Preferred Music Listening Program (HPMLP) workshop of Understanding more about Dementia. Through the workshop, we sincerely hope that our consumers and their families can have a better understanding of dementia so that the family carers have better strategies to cope with the changes of elderly people and give sufficient support to them. The content of the workshop includes,

- iii. **Coping with change in behaviour caused by dementia and possible triggers;**
- iv. **Effective communication strategies for family carers of members with dementia and memory loss.**

Please advise your **Case Manager** or **Queena Wen** before **11/11/2013 (Monday)** if you are able to attend this meeting, and the number of people attending. If you require assistance with transport or respite services to enable you to come, please do not hesitate to contact your Case Manager or Queena Wen on **8848 0288**.

Looking forward to seeing you all!

CCSSCI



Date: 16/11/2013 (Saturday)
Time: 10:00 am – 1:00 pm
(Light Refreshment will be provided)
Venue: Doncaster Room, MC Square
687 Doncaster Road, Doncaster 3108
Speaker: Denise Wissmann
(Registered Psychologist)
Translation: Mandarin and Cantonese

Consortium Partners: **UNDERSTAND ALZHEIMER'S SUPPORT AUSTRALIA**
FIGHTDEMANTIA.ORG.AU



Vannie Ip-Winfield 葉韻林
Registered Music Therapist

The Home-Based Preferred Music Listening Program project is funded by the Australian Government Department of Health and Ageing under the Encouraging Better Practice in Aged Care (EBPAC) initiative.

「好歌聽出好心情」是由澳大利亞政府健康與老年事務部的「鼓勵改善老齡化實踐計劃」資助。

CCSSCI Doncaster Office: Suite 6, Level 1, MC Square, 687 Doncaster Road, Doncaster 3108

Tel: 8848 0288 Fax: 9848 2191