

Our Services

- Personal care and medication management
- House cleaning and gardening
- Meal preparation and nutrition
- Management of skin integrity and continence
- Rehabilitation support, nursing care and allied health services (e.g. physiotherapy, occupational therapy, speech therapy, podiatry and etc.)
- Minor home maintenance and modification
- In-home respite
- Case management and monitoring
- 24 hours emergency support

Our Uniqueness

- CCSSCI is a government approved and funded provider for STRC Program. We have our own team of qualified and experienced staff to ensure delivery of consistent and high quality services to our clients.
- All our staff and management are from Chinese background, able to speak English, Mandarin, Cantonese or other Chinese dialects, who can well understand your needs.



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華人社區服務中心
Chinese Community Social Services Centre Inc.



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Short-Term Restorative Care Program

短期復康護理計劃



查詢請致電 Enquiry

(03) 8848 0288

什麼是短期復康護理?

短期復康護理計劃 (STRC) 是一個政府資助的創新計劃。目的是透過多元化醫護團隊提供的密集服務, 重建長者的活動能力和自理能力, 減緩體能的衰退。

誰可以從短期復康護理計劃中受益?

- 正在經歷身體或認知能力衰退的長者。
- 有機會透過短期密集的護理和服務, 恢復/提高能力的水平。
- 希望繼續安全及獨立地留在家中生活的長者。

短期復康護理可達到的成效

- 能夠在多元化醫護團隊的幫助下實現自我確立的目標。
- 能在 8 週時間內恢復或保持活動能力及平衡, 認知及心理能力。
- 更安全地在家中生活。
- 在多元化醫護團隊提供的教育和方法

服務包括

- 個人護理和藥物管理
- 家居清潔, 花園整理
- 膳食準備和營養
- 康復照顧, 皮膚及失禁護理和相關保健服務 (如物理治療、職業治療、語言治療、足部治療等)
- 簡單的家居維修及改裝
- 提供生活輔助儀器
- 短暫家中看顧讓家人休息
- 個案管理和監察
- 24小時緊急支援服務

我們的特色

- 華人社區服務中心是政府核准及資助提供短期復康護理的機構, 職員都擁有專業資格和豐富經驗, 確保為您提供優質的服務。
- 我們的職員及管理階層都是華人, 能說英語、普通話、廣東話或其他中國方言, 能明白您的需要。

What is Short-Term Restorative Care Program?

The Short-Term Restorative Care (STRC) is a new government funded innovative program. It is delivered in the form of goal-oriented, high intensity and multidisciplinary package of services which aims to optimise the functioning and independence of older people and to minimise functional decline.

Who may benefit from STRC?

- For those experiencing decline in physical or mental ability.
- For those likely to regain or improve level of function after short-term, high intensity care and services.
- For those wishing to remain home safely and independently.

Possible outcomes after STRC :

- Able to achieve self-identified goals with the help of our multidisciplinary team.
- Able to regain or maintain functional strength and balance, cognitive and psychosocial functioning in 8 weeks time.
- Able to manage day-to-day activities much safer in your home.
- Able to self-manage interventions after being provided with knowledge and strategies by our team.